

Rooted, Fruited & Abiding



...that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love,

may be able to comprehend with all the saints what is the width and length and depth and height - to know the love of Christ which passes knowledge; that you may be filled with all the fulness of God.

Ephesians 3:17-19 NkV

Ready for some sweet, juicy fruit? Good fruit that nourishes yourself & others and brings glory to God? Fruit that lasts? As followers of Christ we are called to bear good fruit (Matthew 7:17).

Let's examine being rooted in Christ, fruitful for God's Kingdom & abiding in Him.

The above verse speaks of being rooted & grounded in love. Let's take a look at another "root" verse.

"As you therefore have received Christ Jesus the Lord, so walk in Him, rooted and built up in Him and established in the faith..." Colossians 2:6-7a NkV

These are two powerful verses that talk about our roots. Have we even checked our roots lately? No, not our hair in need of our regular touch-up but our spiritual roots; our foundations - what are we rooted in? Let's take a deeper look at the definition of rooted.

rooted: to strengthen with roots, to render firm, to fix, establish, cause a person or a thing to be thoroughly grounded

Underline the words that speak most to you about how you want your relationship with Jesus to be.

Imagination Break! } Close your eyes and imagine yourself out in your garden (or instead of imagining, just head outside to the garden). Give a tug on a few different flowers & weeds. Some pull up easily with little effort and some tire you out as you pull & pull but they just won't budge.

What did you learn about being rooted in Jesus from the "Imagination Break" activity? Draw or write your reflections below.

As followers of Christ we are called to be the type of "flowers" that are so rooted in God's love that even a good strong "tug" from the circumstances of life can not and will not uproot us because we are rooted, grounded and built up in Him. How will you root yourself in Him today?

Rooted, Fruited & Abiding

Now that we've talked about being rooted, let's examine the relationship between roots & fruits!

Roots & fruits go perfectly well together! In fact, when I originally drew the picture on the right to go along with Ephesians 3:17, I thought I had drawn it incorrectly. Ephesians 3:17 talks about being rooted in love yet the picture shows a bloom of love. But then God graciously showed me the picture wasn't wrong at all. You see, when we're rooted in love, the fruit that blooms is love.



Since the fruit begins at the root, let's take some time right now to ask God to show you His insights about your roots in the following areas of your life. Draw or write the insights God shows you.

Lord what am I rooted in regarding my identity?

Lord what am I rooted in regarding my purpose?

Lord what am I rooted in regarding my relationship with you?

Praise God for healthy roots!
Ask Holy Spirit for help in any needed "root adjustments"
He shows you!

Now let's move on to fruit!

Fruit is an important part of our Christian walk. In Galatians 5:22-23 we are told:

"...the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness & self-control..."

Just as a tree naturally bears fruit, we as Christians are called to naturally bear good fruit. A fruit tree does not toil & labor to squeeze fruit out. Just as a fruit tree naturally soaks up nourishment from the soil, rain & sun so must we abide in the vine to receive the nourishment we need to bear fruit.

Let's take a deeper look at abiding...

"Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me." John 15:4 NKJV

abide: stay, do not depart, continue to be present, to maintain unbroken fellowship with one, not to become another or different

Wow! Those are some deep definitions of abide. Are we continually present with Jesus? Do we maintain unbroken fellowship with Jesus? Take some time right now and write/draw an abiding prayer to Jesus using the above definitions. Create from your heart - speaking to Him about How you want to abide in Him.

My abiding prayer...

Share your abiding prayer on social media to inspire others. Remember, we are the body of Christ and are called to encourage one another daily! With that said, I encourage you to stay

Rooted, Fruited & Abiding in Him!